

Osu

On behalf of the NZ Karate Organisation Kyokushinkaikan Inc. we'd like to invite you and your students to take part in the 2023 New Zealand Kyokushin National Tournament to be held at the **Civic Centre, 84 Aorangi St, Fielding** (10-15mins from Palmerston North) on Saturday 22nd April - the Sayonara will be held in Palmerston North.

This is a big year for Kyokushin IKO as there's the Men's & Women's World Open, Juniors and Masters Tournaments. Therefore, this tournament will be a great stepping stone leading up to these events. We will be selecting 1 female and 5 male Kyokushin fighters to represent New Zealand.

IMPORTANT CHANGES:

Men's and Women's Elite Divisions

This year the Men's and Women's Elite divisions will be an Open Weight competition, so there will be NO weight divisions.

Juniors 15yrs and Under

For the safety of our juniors there will be NO Jodan Mae Geri (front face kick) permitted for 15yrs and under.

Kata Changes

- The Kata competition will be for Kyokushin students ONLY
- As we will be aligning kata in our NZ Syllabus with the Japanese requirements, we've updated the kata selection process in the online entry form to align with the appropriate kata per grade.

Compulsory Kata

Preliminary Rounds – Everyone will perform a compulsory kata per their grade division – the TOP 4 from each division will then get to perform their chosen 2nd kata (this **must** be within their grade range). The Kata grade range sheets are attached.

Division Changes

Other divisions may change to a One Match Challenge, or a Round Robin, depending on the entry numbers. You will be notified in advanced if this happens.

Registrations with payments close Friday 2nd April 2023

Late entries will NOT be accepted.

Go to www.nzkyokushin.org.nz/nz-nationals for everything

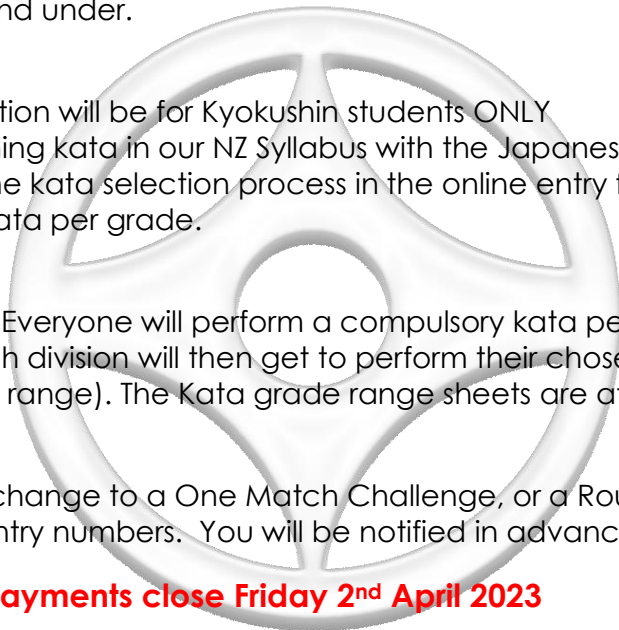
If you have any questions, please email Shihan S Takiwa on nzkyokushin@xtra.co.nz

Thank you

OSU



Shihan Stephen Takiwa
(Tournament Organiser)



Age Groups & Weight Divisions

Junior Age Groups	Senior Divs (18+)	Women's Weight Divs	Men's Weight Divs Novice & Masters
Junior Up to 5yrs	Novice (<4 comps.)	Under 60kg	Under 70kg
Junior 6-7yrs	Masters (35+ yrs)	60-70kg	70-80kg
Junior 8-9yrs	Elite (4+ comps.) Men's & Women's OPEN Weight	Over 70kg	80-90kg
Junior 10-11yrs			Over 90kg
Junior 12-13yrs	Team Kata (3-5 members)		Individual Kata
Colt 14-15yrs	Junior (All members MUST be under 18yrs)		UG – 9 th kyu
Colt 16-17yrs	Senior (Any over 18yrs - team considered Seniors)		8 th – 5 th kyu
			4 th – 1 st kyu
			Black belt

We will try to match up all Divisions as best we can, occasionally a Competitor may need to be moved up or down a division to best allow weight/height/experience differences. This is to ensure the safety of all participants and to give everyone a fair chance. Unfortunately, there may be times we cannot match a child in which case the Dojo Operator will be contacted and the situation assessed.

Draws The draws and programs will be generated prior to the Tournament; there will be **NO LATE ENTRIES!**
Competitors will be **FINED** for failing to turn up and also for entering into the wrong division. (Explained in depth in Tournament Rules)

Safety **ALL Competitors MUST have their OWN OFFICIAL TOURNAMENT GEAR**
See Official NZ Tournament Gear List (attached at the end)

Ring time

Juniors:	1 x 1 min 30 sec plus 2 extensions of 1 min
Colts 16-17yrs:	1 x 1 min 30 secs plus 2 extensions of 1 min 30 sec
Novice/Masters:	1 x 1 min 30 secs plus 2 extensions of 1 min 30 sec
Elite Adults:	1 x 3 min plus 2 extensions of 2 min

Kata (Individual) All competitors must perform a compulsory kata within their grade level (no more than 2 above or 2 below their grade). The top 4 from each division will continue into the Final Round and perform their second kata (see detailed list of grades and kata attached).

Kata (Team) All teams must consist of no less than 3 or no more than 5 team members i.e., you can NOT have a team of 1, 2 or 6 and more.

2023 NZ Kyokushin Nationals

Saturday 1 April 2023

Midnight Registration CLOSE

Friday 21 April 2023

6-8.00pm Early weigh-in, **Manawatu Dojo, 29 Fitzherbert Ave, Palmerston North**
(above Lots of Potz retail store. Entrance at the rear of the building)

Saturday 22 April 2023

7.30am Weigh-in for those travelling on the day, Juniors first, then Seniors
Weigh-in will close at 8.30am – unless pre-arranged with the tournament organizer

ALL Junior & Senior competitors assemble at the venue:

Civic Centre, 84 Aorangi St, Feilding, NZ

Venue parking - There is plenty of street parking.

8.30am Doors open to general public

9.00am Tournament starts

4.30pm Approximate finish time

Entry fees:

Competitors	Juniors	1 st event NZ\$35 extra events \$15 each
	Seniors	1 st event NZ\$55 extra events \$25 each

All entry fees **must** be paid when submitting your entry form
At the weigh-in you will receive a wristband or a pass
You must wear your wristband or carry your pass at all times
NO ONE WILL BE ADMITTED WITHOUT A PASS

Spectators **Earlybird** (before 1st April 2023):
Adults (18yrs+) \$20 **Child** (5-17yrs) \$10 **Family** \$50 (under 5 free*)
Door Sales (and after 1st April 2023):

Adults (18yrs+) \$25 **Child** (5-17yrs) \$15 **Family** \$65 (under 5 free*)
Online Tickets If you have pre-bought your tickets online you will receive a confirmation email, please either bring a printed version or an electronic copy on your phone.

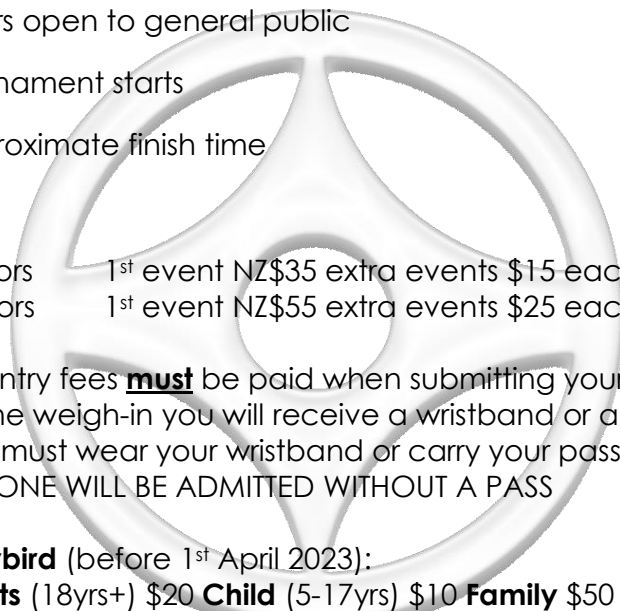
Sayonara

Saturday 22 April 2023

Venue: Palmerston North venue TBC

Accommodation

Please make your own arrangements for other accommodation.





後援會

Official NZ Tournament Gear Required for Each Division

IKO1 Tournament Gear are acceptable

Juniors/ Colts



This version is optional



Black or white ok



NO closed boxing gloves



Novice & Masters



Men

Women



Elite Men



Elite Women



NOTE:

PROTECTION GEAR: Can be bought from www.fighttimes.com

DOJO: may provide their own chest protectors & head gear

MASTERS: is optional to wear head gear

FEMALES: if you own suitable insert chest protectors, these are also acceptable

PLEASE **NO** hard or full plastic ones

Belt Colour	Kyu	Kata
White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
Orange	10th kyu	Taikyoku 3
Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
Blue	i.e. White belt/Ungraded can only do kata 2 grades above	
Blue, black stripe		
Yellow	6th kyu	Pinan 3, Yantsu
Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
Green	4th kyu	Pinan 5, Gekisai 1
Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
Brown	2nd kyu	Gekisai 3, Tekki 2
Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
Black	2nd Dan	Seipai
Black	3rd Dan	Kanku
Black	4th Dan	Sushiho, Tensho

Belt Colour	Kyu	Kata
White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
Orange	10th kyu	Taikyoku 3
Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
Blue	8th kyu	Pinan 1
Blue, black stripe	7th kyu	Pinan 2
Yellow	6th kyu	Pinan 3
Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
Green	4th kyu	Pinan 5, Gekisai 1
Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
Brown	2nd kyu	Gekisai 3, Tekki 2
Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
Black	2nd Dan	Seipai
Black	3rd Dan	Kanku
Black	4th Dan	Sushiho, Tensho

i.e. Orange belt – 10th kyu, can only do kata 1 grade below, their grade and 2 grades above

Belt Colour	Kyu	Kata
White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
Orange	10th kyu	Taikyoku 3
Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
Blue	8th kyu	Pinan 1
Blue, black stripe	7th kyu	Pinan 2, Sanchin
Yellow		
Yellow		
Green	4th kyu	Pinan 5, Gekisai 1
Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
Brown	2nd kyu	Gekisai 3, Tekki 2
Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
Black	2nd Dan	Seipai
Black	3rd Dan	Kanku
Black	4th Dan	Sushiho, Tensho

i.e. Orange belt, black stripe – 9th kyu, can only do kata 2 grades below, their grade and 2 grades above

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow		
	Green		
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

i.e. Blue belt – 8th kyu, can only do kata 2 grades below, their grade and 2 grades above

Belt Colour	Kyu	Kata
White		
Orange		
Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
Blue	8th kyu	Pinan 1
Blue, black stripe	7th kyu	Pinan 2, Sanchin
Yellow	6th kyu	Pinan 3, Yantsu
Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
Green	4th kyu	Pinan 5, Gekisai 1
Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
Brown	2nd kyu	Gekisai 3, Tekki 2
Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
Black	2nd Dan	Seipai
Black	3rd Dan	Kanku
Black	4th Dan	Sushiho, Tensho

i.e. Blue belt, black stripe – 7th kyu, can only do kata 2 grades below, their grade and 2 grades above

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	<div style="background-color: red; color: white; padding: 10px; text-align: center;"> i.e. Yellow belt – 6th kyu, can only do kata 2 grades below, their grade and 2 grades above </div>	
	Orange		
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green	4th kyu	Pinan 5, Gekisai 1
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange		
	Blue		
<p>i.e. Yellow belt, black stripe – 5th kyu, can only do kata 2 grades below, their grade and 2 grades above</p>			
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green	4th kyu	Pinan 5, Gekisai 1
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	<div style="background-color: red; color: white; padding: 10px; text-align: center;"> i.e. Green belt – 4th kyu, can only do kata 2 grades below, their grade and 2 grades above </div>	
	Blue, black stripe		
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green	4th kyu	Pinan 5, Gekisai 1
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

Belt Colour	Kyu	Kata
White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
Orange	10th kyu	Taikyoku 3
Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
Blue	8th kyu	Pinan 1
Blue, black stripe		
Yellow		
Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
Green	4th kyu	Pinan 5, Gekisai 1
Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
Brown	2nd kyu	Gekisai 3, Tekki 2
Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
Black	2nd Dan	Seipai
Black	3rd Dan	Kanku
Black	4th Dan	Sushiho, Tensho

i.e. Green belt, black stripe – 3rd kyu, can only do kata 2 grades below, their grade and 2 grades above

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	<div style="background-color: red; color: white; padding: 10px; text-align: center;"> i.e. Brown belt – 2nd kyu, can only do kata 2 grades below, their grade and 2 grades above </div>	
	Yellow, black stripe		
	Green	4th kyu	Pinan 5, Gekisai 1
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow,		
	Green		
<p>i.e. Brown belt, black stripe – 1st kyu, can only do kata 2 grades below, their grade and 2 grades above</p>			
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green		
	Green,		
<p>i.e. Black belt – Shodan, can only do kata 2 grades below, their grade and 2 grades above</p>			
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green	4th kyu	Pinan 5, Gekisai 1
	Green,	<div style="background-color: red; color: white; padding: 10px; text-align: center;"> i.e. Black belt – Nidan, can only do kata 2 grades below, their grade and 2 grades above </div>	
	Brown		
	Brown, black stripe	1st kyu	Pinan Ura 1-5, Saifa
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green	4th kyu	Pinan 5, Gekisai 1
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	<div style="background-color: red; color: white; padding: 10px; text-align: center;"> i.e. Black belt – Sandan, can only do kata 2 grades below, their grade and 1 grade above </div>	
	Brown,		
	Black	1st Dan	Seienchin, Garyu, Tekki 3, Bassai
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho

	Belt Colour	Kyu	Kata
	White	n/a	Taikyoku 1, 2, Sokugi Taikyoku 1
	Orange	10th kyu	Taikyoku 3
	Orange, black stripe	9th kyu	Sokugi Taikyoku 2, 3
	Blue	8th kyu	Pinan 1
	Blue, black stripe	7th kyu	Pinan 2, Sanchin
	Yellow	6th kyu	Pinan 3, Yantsu
	Yellow, black stripe	5th kyu	Pinan 4, Tsuki no Kata
	Green	4th kyu	Pinan 5, Gekisai 1
	Green, black stripe	3rd kyu	Gekisai 2, Tekki 1. Taikyoku Ura 1-3
	Brown	2nd kyu	Gekisai 3, Tekki 2
	Brown,	i.e. Black belt – Yondan, can only do kata 2 grades below, their grade	
	Black		
	Black	2nd Dan	Seipai
	Black	3rd Dan	Kanku
	Black	4th Dan	Sushiho, Tensho