Osu

It's that time of year again!

On behalf of the NZ Karate Organisation Kyokushinkaikan Inc. we'd like to invite you and your students to take part in the 2026 New Zealand Kyokushin Karate National Tournament to be held at the **Alan Gibbs Centre (AGC), Wellington College, 15 Dufferin Street, Basin Reserve, Wellington 6021** on Saturday 20th June 2026.

IMPORTANT:

We have decided to put a couple of the larger divisions into weight categories so the student's will know which division they're entered in and must keep within that weight bracket. If they should go over the heavier scale, they will have till 8.30am on the day of the tournament to make the weight division, otherwise they will be disqualified. We will not be re-doing the draw.

The divisions are:

Junior Boys 10-11yrs -35kgs, 35-45kgs & +45kgs

Junior Boys 12-13yrs -40kgs, 40-50kgs, 50-60kgs, 60-70kgs & +70kgs

Junior Girls 12-13yrs -50kgs, 50-60kgs & +60kgs

We kindly ask that you encourage your students to attend this event. As the Kaikan's premier event of the year, it is important that it is supported by all Dojo Operators within the association, along with strong representation from each dojo's students.

Registrations with payments close Saturday 30th May 2026

Late entries will NOT be accepted.

Go to www.nzkyokushin.org.nz/nz-nationals for everything

If you have any questions, please email Shihan S Takiwa on nzkyokushin@xtra.co.nz

Thank you

OSU

Shihan Stephen Takiwa
(Tournament Organizer)

Age Groups & Weight Divisions

Junior Age Groups	Senior Divs (18+)	Women's Weight Divs	Men's Weight Divs
Junior Up to 5yrs	Novice (-4 comps.)	U60kg	U70kg
Junior 6-7yrs	Masters (35+ yrs)	60-70kg	70-80kg
Junior 8-9yrs	Elite (+4 comps.)	O70kg	80-90kg
Junior 10-11yrs	***Weight Divisions for:***		O90kg
Junior 12-13yrs	*Junior Boys 10-11yrs* *U35kgs, 35-45kgs & O45kgs*		**Individual Kata** U12yrs, 12-17yrs, 18yrs+
Junior 14-15yrs	*Junior Boys 12-13yrs* *U40kgs, 40-50kgs, 50-60kgs, 60-70kgs & O70kgs*		UG – 9th kyu
Colt 16-17yrs	*Junior Girls 12-13yrs* *U50kgs, 50-60kgs & O60kgs*		8th – 5th kyu
Team Kata (3-5 members)			4th – 1st kyu
Junior (All members MUST be -18yrs) Senior (Any member +18yrs - team considered Seniors)			Black belt

We will try to match up all Divisions as best we can, occasionally a competitor may need to be moved up or down a division to best allow weight/height/experience differences. This is to ensure the safety of all participants and to give everyone a fair chance. Unfortunately, there may be times we cannot match a child in which case the Dojo Operator will be contacted and the situation assessed.

Draws The draws and programs will be generated prior to the Tournament; there will be **NO LATE ENTRIES**!
Competitors will be **FINED** for failing to turn up and for entering into the wrong division. (Explained in depth in Tournament Rules)

Safety **ALL Competitors MUST have their OWN OFFICIAL TOURNAMENT GEAR**
See Official NZ Tournament Gear List (attached at the end)

Fight times

Juniors to 9yrs:	1 x 1 min 30 secs plus 2 extensions of 1 min.
Jnrs-Colts 10 -17yrs:	1 x 1 min 30 secs plus 2 extensions of 1 min 30 secs
Masters:	1 x 1 min 30 secs plus 2 extensions of 1 min 30 secs
Adults:	1 x 2 mins plus 2 extensions of 2 mins
Elite Men/Women:	FINAL - 1 x 3 mins plus 2 extensions of 2 mins

Kata (Individual) All competitors must perform a compulsory kata within their grade level (no more than 2 above or 2 below their grade). The top 4 from each division will continue into the Final Round and perform their second kata (see detailed list of grades and kata attached).

Kata (Team) All teams must consist of no less than 3 or no more than 5 team members i.e., you can NOT have a team of 1, 2 or 6 and more.

2026 NZ Kyokushin Karate Nationals

Saturday 30 May 2026

Midnight Registration CLOSE

Friday 19 June 2026

6pm-7pm Early weigh-in, **Alan Gibbs Centre (AGC), Wellington College,** 15 Dufferin Street, Basin Reserve, Wellington 6021

Saturday 14 June 2026

7.30am **Doors open for everyone**

ALL Junior & Senior competitors assemble at the venue:
Alan Gibbs Centre (AGC), Wellington College, 15 Dufferin Street, Basin Reserve, Wellington 6021 – There's plenty of parking.

Weigh-in for those travelling on the day, Juniors first, then Seniors
Weigh-in will close at 8.30am – unless pre-arranged with the tournament organizer

9.00am Tournament starts

4.30pm Approximate finish time

Entry fees:

Competitors

Juniors 1st event NZ$65 extra events $20 each
Seniors 1st event NZ$90 extra events $30 each

All entry fees **must** be paid when submitting your entry form
At the weigh-in you will receive a wristband or a pass
You must wear your wristband or always carry your pass
NO ONE WILL BE ADMITTED WITHOUT A PASS

Spectators

Earlybird (before 26th May 2025):
Adults (18yrs+) $20 **Child** (5-17yrs) $10 **Family** $50 (under 5 free*)

Door Sales (and after 26th May 2025):
Adults (18yrs+) $25 **Child** (5-17yrs) $15 **Family** $65 (under 5 free*)

Online Tickets If you have pre-bought your tickets online you will receive a confirmation email, please either bring a printed version or an electronic copy on your phone.

Sayonara

Saturday 20 June 2026 from 6pm till late

Venue: **Hotel Bristol**
Address: 131-133 Cuba St, Te Aro, Wellington City
Check out their menu here:
Hotel Bristol Menu

Accommodation

Wellington has some fantastic options, please make your own arrangements.

Official NZ Tournament Gear Required for Each Division

IKO1 Tournament Gear are acceptable

Juniors / Colts

This version is optional

Black or white ok

NO closed boxing gloves

Boys

Girls (no hard plastic styles)

Novice & Masters

Men

Women

Slip into crop top with slits to hold in place

Elite Men

Elite Women

Slip into crop top with slits to hold in place

NOTE:

PROTECTION GEAR: Can be bought from www.fighttimes.com
DOJO: may provide their own chest protectors & head gear
MASTERS: is optional to wear head gear
FEMALES: if you own suitable insert chest protectors, these are also acceptable PLEASE **NO hard or full plastic ones.** You can order the insert ones above through Shihan Diane on nzkyokushin@xtra.co.nz