



Osu

On behalf of Levin Hard Knocks Kyokushin Karate Dojo we would like to invite you and your students to take part in the 2026 Central Zone Tournament to be held in Levin on Saturday 28th November at the Levin Events Centre.

Division Changes

Other divisions may change to a One Match Challenge, or a Round Robin, depending on the entry numbers. You will be notified in advance if this happens.

We will try to match up all Divisions as best we can, occasionally a Competitor may need to be moved up or down a division to allow for weight/height/experience differences. This is to ensure the safety of all participants and to give everyone a fair chance. Unfortunately, there may be times we cannot match a child in which case the Dojo Operator will be contacted and the situation assessed.

Registrations with payments close Saturday 7th November 2026

Late entries will NOT be accepted.

If you have any questions, please email Sensei Garin Duggan
levinkarate@gmail.com

Thank you

OSU

Sensei Garin Duggan
(Tournament Organiser)

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be -18yrs)
yrs - team considered Seniors)

ors 1st event NZ\$45 extra events \$15 each
ors 1st event NZ\$55 extra events \$25 each

SE PAY YOUR INSTRUCTOR
Instructors PLEASE collate your teams entries
sum to:
Kyokushin Karate
666-0322313-00

entry fees **must** be paid when submitting your

Competitors

Juniors	1 st event NZ\$45 extra events \$15 each
Seniors	1 st event NZ\$55 extra events \$25 each

Dojo Instructors PLEASE collate your teams entries and pay directly in **one**
lump sum to:
Levin Kyokushin Karate
01-0666-0322313-00

All entry fees **must** be paid when submitting your entry form
At the weigh-in you will receive a **wristband** you **must wear it** at all times
NO ONE WILL BE ADMITTED WITHOUT A PASS

Spectators **Adults** (18yrs+) \$20 **Child** (5-17yrs) \$10 **Family** \$50 (under 5 free)

Juniors:	1 x 1 min 30 sec plus 2 extensions of 1 min
Colts 16-17yrs:	1 x 1 min 30 secs plus 2 extensions of 1 min 30 sec
Novice/Masters:	1 x 1 min 30 secs plus 2 extensions of 1 min 30 sec
Elite Adults:	1 x 3 min plus 2 extensions of 2 min

Kata (Individual) All competitors must perform a compulsory kata within their grade level (no more than 2 above or 2 below their grade). The top 4 from each division will continue into the Final Round and perform their second kata (see detailed list of grades and kata attached).

Division	Compulsory Kata **
UG (White belt) to 9th kyu (Orange, black stripe)	Taikyoku Sono Ni
8th kyu (Blue belt) to 5th kyu (Yellow, black stripe)	Pinan Sono Ni
4th kyu (Green belt) to 1st kyu (Brown, black stripe)	Gekisai Sono San
Black belt	Bassai



Kata (Team)

All teams must consist of no less than 3 or no more than 5 team members i.e., you can NOT have a team of 1, 2 or 6 and more.

Draws

The draws and programs will be generated prior to the Tournament; there will be **NO LATE ENTRIES!**

Competitors will be **FINED** for failing to turn up and also for entering into the wrong division. (Explained in depth in Tournament Rules)

Safety

ALL Competitors MUST have their OWN OFFICIAL TOURNAMENT GEAR

See Official NZ Tournament Gear List (attached at the end)

Tournament Schedule:

Saturday 7th November 2026

Midnight Registration CLOSE

Friday 27th November 2026

6.00-8pm Early weigh-in, **Hard Knocks Levin Dojo**, 300a North Lane, Levin
Enter via the back

Saturday 28th November 2026

7.30am Weigh-in @ **Levin (Horowhenua) Events Centre** 33 Victoria Street, Levin for those traveling on the day, Juniors first, then Seniors
Weigh-in will close at 8.30am – unless pre-arranged with the tournament organizer
Doors open to public

9.00am Tournament starts

4.00pm Approximate finish time

Sayonara

Saturday 28th November 2026 from 6pm till late

Venue: **Roadhouse Bar & Grill** on Oxford St

Accommodation

Please make your own arrangements for accommodation.



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Official NZ Tournament Gear Required for Each Division

IKO1 Tournament Gear are acceptable

Juniors / Colts



This version is optional



Black or white ok



NO closed boxing gloves



Boys

Girls
(no hard plastic styles)



Novice & Masters



Men



Women



Slip into crop top with slits to hold in place

Elite Men



Elite Women



Slip into crop top with slits to hold in place

NOTE:

PROTECTION GEAR: Can be bought from www.fighttimes.com

DOJO: may provide their own chest protectors & head gear

MASTERS: is optional to wear head gear

FEMALES: if you own suitable insert chest protectors, these are also acceptable PLEASE **NO hard or full plastic ones will be allowed.** You can order the insert ones above through Shihan Diane on nzkyokushin@xtra.co.nz

Compulsory Kata for Tournaments

Division	Compulsory Kata **
UG (White belt) to 9th kyu (Orange, black stripe)	Taikyoku Sono Ni
8th kyu (Blue belt) to 5th kyu (Yellow, black stripe)	Pinan Sono Ni
4th kyu (Green belt) to 1st kyu (Brown, black stripe)	Gekisai Sono San
Black belt	Bassai



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